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# Great Optimism and Enthusiasm

Dear Parents, Students and Friends of John XXIII College

With great optimism, John XXIII College hosted two major sporting events in last week's inclement weather.

Firstly on Friday, the Fr Kevin King Athletics Carnival was held. This is the secondary school carnival and in the past we have been blessed with perfect winter weather. This year was a little different with days of rain leading up to the carnival, soggy ground and heavy skies. Despite all this, it was a fantastic day due to the great spirit generated by the students and the organisation of the PE Department (led with enthusiasm by Mr Danny Platts). The result of the carnival will be announced at this weeks Sports Assembly.

On Saturday morning the early signs were not good for the rowing community as we headed to the river for the John XXIII Regatta. Once again owing to the hard work of the committee, the whole regatta went extremely well. One of our crews had a little misadventure when they were blown off course but in true characteristic style they recovered in good spirits and with a good story to tell!! Both of these carnivals highlighted the depth of character of our students and staff and the unfailing support of the parent community.

Our young artists within the College have had great success in the local exhibitions. Last week the College participated in the VIVA, an exhibition of student art hosted by St George's Cathedral. Felicity Vaughan (Year 12) was awarded a highly commended award for her textile sculpture. This award was presented by the Premier. The week the art work of John XXIII is on display at the UWA club. This is an exhibition hosted by UWA's Graduate School of Education. The work is fabulous and several students have already been approached to sell their work!! Try, if you are in the university vicinity, to go and view the exhibition. You will be amazed at the quality. Congratulations to teachers Mrs Ellery, Mrs Roche, Mr Downie and Dr Pedersen for making this opportunity available for our students.

We are now looking forward to Founder's Week and all the celebrations inherent to that week. This year the Founder we are concentrating on is **Blessed Pope John XXIII** (not John XXXIII who has gate crashed our party of late!) and an important part of that will be the **Parents' Auxiliary Cocktail Party on the 16th August**. I hope that you will be able to attend and join in our community celebrations. Tickets are selling fast and are available from the College Administration.

Yours sincerely,

Anne Fry  
Principal

## Chaplain Calls

Last week was a very wet, soggy week. There were so many pressures to call off the Sports Carnival, yet Daniel Platts and his loyal PE Team, stood their ground in making it happen, trusting Divine Providence to carry the day. This Sunday in the Gospel, across the noise of the waves, Jesus' voice reaches the apostles as they struggle, caught between squall and sinking in the deep sea of Galilee. Yet Peter rises from the floundering depths to nurture and to ease the tension of the group by staying calm and trusting the call of the Master.

For Ignatius Loyola, whose feast we celebrated on the last day in July, the mission of attempting to feel and taste the presence and activity of God in all persons and circumstances of the world, places the Jesuit and his companions on a Mission at the centre of a tension, pulling us both to God and to the world at the same time. At this moment there arises in each one a set of polarities, which is Ignatian in character, that accompanies our being firmly rooted in God at all times, while simultaneously being plunged into the heart of the world.

Being and doing: Contemplation and action; prayer and prophetic living, being completely united with God and completely inserted into the world of education as an apostolic body: all this marks deeply the life of a companion in essence and its possibilities. The Gospel shows us Jesus in deep relationship with his God at the same time completely given over to his mission among men and women. He is perpetually in motion; from God for others. This is our Jesuit pattern: with Christ on mission, ever contemplative, ever active. Our action at John XXIII College is grace, and also a creative challenge to live this tension between prayer and action. May the wise advice of John XXIII, not to engage in condemnation but observe the signs of the times," the witness of WYD, the XXIX Olympiad at Beijing", unleash the power of love, to deepen truth, compassion and forbearance.

Fr Gaetan Pereira sj - College Chaplain



# Primary News

## Healthy Bones Week

This week was Healthy Bones Week and the Year One students and their teachers were visited by speakers from the Arthritis Association. They spoke to the children about the importance of dairy products in their diet. The children also sampled a variety of dairy products.

## John XXIII Day

All parents in the Primary School will be receiving a letter about John XXIII Day on Monday. This year John XXIII Day will be held on Friday, 15<sup>th</sup> August.

## Lost Property

Please ensure that all clothing is clearly labelled. Both lost property boxes in the Primary School are full to overflowing of items of clothing that have not been labelled. If these items are not claimed, they will be given to the Uniform Shop to be sold.

## Upcoming Events:

- **Monday, 11 August:**  
Founders Time Begins  
Ignatian Vocation Team will be visiting the College  
Dental Screening – Years 4 to 7
- **Wednesday, 13 August:**  
Year 4 to 7 Inter-house Cross Country Carnival
- **Friday, 15 August:**  
John XXIII Day

*Ms Adriana Coniglio 4-7 and Mrs Liz Gardner KG-3*

## Fujimi High School -

### John XXIII College Exchange 2008

The Fujimi Exchange is all but over and has been a great success. A big ARIGATOO to all host families for their extraordinary kindness and hospitality. All of the Japanese girls have looked so cheerful and energised each day as they arrive at school. I have included some of their comments about their recent wonderful Aussie weekend:

"We had Aussie barbecue and it was really different to our barbecue in Japan because Dad cooked"

"I helped out in the garden but I was a bit frightened of the insects"

"I really enjoyed cooking at home with my family and we didn't just cook Australian food, but also Filipino food"

We watched our host brothers and sisters doing sport, sport, sport!!! We watched hockey, rowing, soccer, football, every sport under the sun"

"We enjoyed going to AQWA and seeing scary sharks!"

"We went on the ferry to the zoo and saw our first kangaroos"

"We really enjoyed watching a dvd and then pausing to discuss what was happening"

"I went to the holiday house.....WOW!"

"I loved the furry little animals like 'pikachuu' at Rottnest"

From the sounds of things, a great weekend was had by all and I would like to sincerely express my greatest appreciation to all the host mothers and host fathers, host brothers and host sisters. Thank you.

In addition, heartfelt gratitude goes to Ms Glen James for her excellent coordination of this exchange program and all the staff who have contributed in activities to ensure the success of the Fujimi Exchange 2008.

*Ms Shane Glass- Learning Area Coordinator Languages*

# Alumni News

## Heritage Magazine

The Heritage Magazine will soon be back into full production. It will include articles on current College events, Past Students, Staff, College Growth, Service, Loreto and St Louis and will also include the names of Past Students in the Births, Deaths and Marriages page.

If you would like to contribute to the magazine by providing stories or leads, please forward current College information including photographs, to the Community Relations Officer Ric Del Pizzo and past students' information to the Alumni Development Officer Anna Gingell, [gingell.anna@johnxxiii.edu.au](mailto:gingell.anna@johnxxiii.edu.au) for consideration. Thanks to Mark Antulov and Ric Del Pizzo for their commitment to the new Heritage committee and inspiration.

## Reunions & John XXIII web site

All reunions will now be managed through the John XXIII Alumni (past pupils) web site. Please go to [www.johnxxiii.edu.au](http://www.johnxxiii.edu.au) and follow the prompts to log on your details. You will find past copies of the Heritage Magazine, Football Tipping competition, Loreto Past Pupils Newsletter, Business Directory of past students offering discounts on products and services, photos of past class friends, reunion information and the College Calendar. Once registered you may contact friends, send group emails and more importantly maintain your own College record updating your mail address and interests. Please spread the word and invite others from your year to join the site. If you would like assistance with logging on for the first time, please don't hesitate to call this office (08) 9383 0520 or email [gingell.anna@johnxxiii.edu.au](mailto:gingell.anna@johnxxiii.edu.au)

*Mrs Anna Gingell - Alumni Development Officer*

## CATHOLIC PERFORMING ARTS

### Monday 11 August 10:30am

Classical Guitar Ensemble – Don Russell Performing Arts Centre

### Wednesday 13 August 6:30pm

Chamber Choir/JTC Voices St Joseph's Church, Subiaco

### Thursday 14 August – 7:00pm

Concert Band/Wind Band/Orchestra–Chisholm College

### Further Dates for the Diary

### Sunday 31 August - 5.30pm

Small Ensemble Soiree Inaugural Gala Perth Concert Hall. Please support this event. Bookings through BOCS

### Wednesday 24 September – 7.00pm

Year 12 Music Recital

*Mrs Toni Strong - Music Coordinator*

## “Fuel Your Mind”

John XXIII College will celebrate Book Week during the week of August 18-22. The winners of the Children's Book Council of Australia award will be announced on Friday 15 August. Our library has copies of all the books that are shortlisted so it will be very interesting to see which books will achieve gold medal status. Will they match with our predictions?

Primary and Secondary will participate in games of Bingo, Quizzes, Colouring Competitions, performances, visits to local libraries and a concert. Of course, a favourite is the parade in the Primary school on Friday 22 August.

It will be a fantastic week with plenty of food as incentives to fuel your mind.

*Mrs Anette Ainsworth - Co-ordinator of Library*

# JOHN XXIII DAY 2008

FRIDAY, 15<sup>TH</sup> AUGUST

Each year John XXIII College celebrates John XXIII Day as part of Founders Time. Our College Founders and traditions are commemorated during Founders Time. This year it is **Blessed Pope John XXIII** to whom we pay particular Tribute in this 50<sup>th</sup> Year since his ordination as Pope.

Known affectionately as "Good Pope John" and "the most loved Pope in history" to many people, in 2000 John was declared "Blessed" by **Pope John Paul II**, the penultimate step on the road to sainthood.

In 1960 during John XXIII's time as Pope the Olympic Games were held in Rome. During this time John XXIII was labeled as the Sporting Pope. Pope John XXIII bestowed a blessing on about a thousand athletes before competition started, and he took in the canoe-kayak semifinals from his summer home in Verano.

Our John XXIII Day mass will be inspired by the Spirit of Blessed Pope John XXIII and the spirit of the Olympic Games.

John XXIII, the survivor of many wars – military, diplomatic and ecclesiastical – blessed the Olympic athletes with hope in his heart for the future. Pope John XXIII celebrated the Rome Olympic Games in 1960 by having a commemorative medal struck. The medallion featured an image of a stump from which a fresh new twig was sprouting. The new sprout represented all the children and loved ones who survived the horrors of the war. Bikilia, the Ethiopian long distance runner, outpaced all his competitors barefoot through the streets of the eternal city. Cassius Clay as the 18 year old began his career as a boxer..

## PROGRAM OF EVENTS

### STUDENT INFORMATION

Primary	Secondary
8.30am Staff Briefing	8.30am Staff Briefing
	8.45am Tutor Group Attendance Check
9.00am Mass	9.00am Mass in gym
10.30am - 11.00am Recess	10.30am - 11.00am Recess Running of the Colonnades
11.00 - 11.30am In Class Stall Set Up	11.00 - 11.30am SRC Assembly in gym
11.30 - 1.00pm Lunch/Fair/Stalls	11.30 - 1.00pm Fete HOPE Tree Planting
1.00 - 1.30pm Chapel Lawn Assembly	1.00 - 1.30pm Chapel Lawn Assembly
1.30 - 3.00pm Primary Olympics	1.30 - 3.00pm Variety Concert

John XXIII Day is a **SPECIAL EVENTS DAY (SED)**. As per **SED** day procedures **all** absences will require a medical certificate. Arrival after 9.00am also requires a medical certificate. John XXIII Day is a day of celebration. It is a special day for Staff and Students to celebrate and be proud of our College and its traditions. Morning Tutor Group will be as usual at 8.45am. There will be Tutor Group attendance checks at the conclusion of the concert. Students wear suitable casual dress. All funds raised go to Jesuit and Loreto missions.

**Mr Mark Antulov - College Deputy Principal K-12**

## Health Information

### HEALTHY FOOD AND DRINK CHOICES

Children's energy needs for a busy day at school require them to eat a variety of foods. Factors that determine the amount children eat include age, sex and physical activity level. Children will have the best chance of getting all the nutrition they need if they are offered a variety of tasty and healthy foods every day which reflect the Dietary Guidelines for Children and Adolescents.

Over their schooling life children can consume up to 2500 meals. Therefore it is crucial that these meals are nutritious, whether brought from home or purchased from the school canteen. All meals should reflect healthy food choices.

#### Some suggestions when making lunches at home:

- Choose a variety of healthy foods
- Include bread, wholegrains, rice, pasta or noodles
- Include milk, cheese or yoghurt
- Include some meat, fish, chicken, eggs
- Go for 2 (fruit) and 5 (vegetables)

Choose water as a drink

#### Some healthy snack ideas:

- Rice cakes and reduced fat cream cheese
- Fresh fruit pieces
- Chopped up raw vegetables
- Plain popcorn
- Small tub of yoghurt
- Cheese stick or triangle
- Fruit muffins or fruit bread
- Pikelets
- Wholemeal crackers and cheese
- Hard boiled egg

**Keep food fresh and safe to eat by packing a frozen drink or an ice brick.**

**Jenny Hill - College Nurse**

## Cathedral Art Awards Exhibition

A very successful evening was held last night at the official opening of the Cathedral Art Awards Exhibition, where John XXIII College was represented very well by eight art students. Special congratulations go to **Felicity Vaughan** (pictured right) as she received a **Highly**



**Commended Award**, presented by the Premier (and \$100 Jackson's voucher!) for her textiles sculpture (a fantastic result).

Students who were chosen to exhibit are:

**Luca Brignoli, Year 8 Pottery**  
**Garrett Pearce, Year 9 Pottery**  
**Caitlin MaCarthy, Year 9 Pottery**  
**Calvin Glanz, Year 11 TEE Art**  
**Kamila Soh, Year 12 TEE Art**  
**Amanda Nienaber, Year 12 TEE Art**

**Ms Deb Ellery - Art Teacher**

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## Secondary News

### Saturday Netball

Well done to our four Year 8 teams who all had impressive victories last Saturday. JTC Topaz played really well in the last quarter to defeat St Mary's by 7 goals. There are only 3 rounds left before the finals campaign begins. In the first semi, teams placed first or second play against each other. The winner goes straight through to the Grand Final. The loser plays the winner of third versus fourth. The winner of that match then advances to the Grand Final.

Anything can happen in the last 3 weeks. I urge all of our Club members to come to training, even if it is cold. The Year 9 teams have been down on numbers this term at training. It is very hard to maintain team spirit if girls choose not to support their team mates on Thursday afternoon.

Jo Dunn's (2004) Year 12 team (Opal) are going along very nicely and had a one goal win on Saturday. They are really doing well under their extremely enthusiastic coach and a great group of parents on the sidelines.

Brie William's (2004) Year 9 team are also in the top half of the ladder and will definitely play off in the finals if they keep up their hard work. Well done JTC Crystal.

**The AGM and Presentation of Trophies Night will be held in the Thomas More Exhibition Centre on Tuesday September 13th. Starting time is 6:30pm and the event will conclude at 8:30pm. Bring your own drinks and a plate to share with your team members. Yes, parents are welcome to join in the celebrations.**

*Mrs S Alderman - Netball Coordinator*

### Valete - Year 12 Parents and Students

Invitations to Valete were mailed to all Year 12 families on 28<sup>th</sup> July so if you haven't received your invitation please contact me as soon as possible.

With regard to ticket sales, please note that you do need to purchase a ticket for your year 12 son or daughter. For example, if the student plus two parents are attending, you must purchase 3 tickets. We look forward to receiving your RSVP (and also your child's baby photo) very soon.

*Tracy McLaren - 2008 Valete Organising Committee*  
Email : [writer@midwest.com.au](mailto:writer@midwest.com.au)  
Mobile : 0417 011 406

### Smartrider Cards

Students will be issued a Smartrider card in Years 8 and 11 free of charge. If the card is lost, one replacement card will be issued as long as the loss does not occur in the first term after being issued. All replacement cards will then cost \$5.00 payable at the time of ordering. Smartrider cards need to be shown to have access to library computers before school and at lunchtime.

*Ms Anette Ainsworth - Library Coordinator*

### Fr Kevin King Cup 2008

The Inter-house Athletics Carnival last Friday was a success thanks to the outstanding attitude displayed by the student body. Despite the inclement weather, both track and novelty events were filled with large numbers of students, all eager to gain maximum points for their respective houses. Needless to say, the overall result is extremely close. Full results will be announced at this weeks Sports Assembly and therefore won't be published in the newsletter. Results will also appear in detail on the College website. A genuine thank you to the magnificent staff at the College who officiated all day, with an enthusiasm that influences the students positively and creates a spirit that makes this College such a wonderful place.

*Mr Danny Platts - Health and Physical Education Learning Area*

### Careers Corner

#### Parents and Pathways Seminar

The third session of the Parents and Pathways program for parents of Years 8 and 9 students is coming up - Wednesday 20th August from 7-9 pm in the Gonzaga Barry Lecture Theatre. This session will focus on goal setting methods and increasing responsibility for students and how parents can work alongside their teenager in planning for the future. All Year 8 and 9 parents are welcome to attend, it doesn't matter if you have not been to previous sessions. Please RSVP for catering to school administration on 9383 0400.

#### UWA Open Day

Sunday August 10 is the UWA Open Day. Please see the UWA website or the local press for session times and details of exhibits and activities. Students of all ages will gain from attending an Open Day and having their eyes opened as to what possibilities there are in further education.

*Ms Sarah Hammond - Vet Coordinator*

**JOHN XXIII COLLEGE  
FOUNDERS COCKTAIL PARTY 2008  
\$30.00pp SATURDAY 16 AUGUST  
HURRY IN TO GET YOUR TICKETS  
AVAILABLE FROM ADMINISTRATION**

**Tickets available through the Main Administration N O W . . .**