MISSION STATEMENT

In the spirit of John XXIII, Mary Ward and Ignatius Loyola, our College seeks to develop people of competence, conscience and compassion who are committed to God and the service of others.

Rationale
The College has a duty of care to provide a safe, healthy and supportive environment for all staff and students.

What is Diabetes?
Diabetes is a serious medical condition where blood glucose levels persistently rise above normal. It is a permanent disorder with no cure. There are two main types of diabetes:

- Type 1 diabetes (insulin dependent diabetes): This is the form of diabetes, which usually occurs in childhood. Type 1 diabetes is due to a severe deficiency of insulin and is fatal without life-long insulin injections.
- Type 2 Diabetes occurs in adults (usually over 40 years). It may be accelerated by lifestyle factors (obesity, lack of exercise, overeating) and is treated by weight control, a food plan, exercise, tablets and occasionally insulin injections.

Treatment
Most of the children and young adults who attend the Princess Margaret Hospital diabetes service are treated for Type 1 diabetes.

The control of this type of diabetes depends on balancing the effects on the blood glucose by:

- Injected Insulin or insulin pump
- Regular pattern of snacks and meals
- Exercise

Role of the College
- Parent/Guardian complete and sign Medical Information on their child/ren at enrolment and as part of regular health updates.
- College Nurse arranges meeting with Parent/Guardian to discuss child’s management and treatment of Diabetes. Parent given Diabetes information package.
- Glucagon is kept in fridge in administration. Princess Margaret Hospital Endocrinology Department supply signed Doctors standing order for nurse to administer Glucagon if required.
- Ensure staff informed of students with Diabetes and information on management and treatment of Diabetes is given to relevant staff.
- Staff informed to check medical conditions of students available on College database or in hard copy file in staff room.
- Pictured Action Plans of students with Diabetes placed in Secondary Learning area offices.
- Relevant staff requested to attend information seminars on Diabetes at Princess Margaret hospital.
• Request staff inform relief staff of students with Diabetes.
• John XXIII College follows the Management of Diabetes at School by Department of Diabetes and Endocrinology (Princess Margaret Hospital for Children, WA).
• John XXIII College follows the Management of Children & Adolescents on Insulin Pumps at school by Department of Diabetes and Endocrinology (Princess Margaret Hospital for Children, WA).
• Glucodin tablets are kept in all relevant College first aid kits.
• The Health Centre has supplies of: lemonade, glucodin tablets, muesli bars, glucagon, blood glucose meter and ketone sticks.
• Ensure staff consider the needs of the child with Diabetes before planning class parties, excursions, camps, exams and sporting activities.
• Child with Diabetes should carry their “Hypo kit” at all times. If age appropriate and able, students should measure their own blood glucose level and manage their insulin injections or insulin pump.
• The college nurse takes no responsibility for administering insulin to a child. Parent will be contacted if need.
• Parent/Guardian will be contacted if there are any concerns regarding their child’s diabetic management at school.
• Child with Diabetes should wear a medic alert bracelet/necklet.
• Ensure adequate staff have a current First Aid qualification and follow first aid procedures for Diabetes management.
• The student with diabetes should never be sent to the Health Centre alone or left unattended when feeling unwell or showing signs of hypoglycaemia (low blood glucose level – “hypo”).
• If vomiting is present contact parent/carer immediately.
• Inform parent/carer when child is unwell.
• Students who communicate any negative comments or behaviour towards a student who has Diabetes, will be addressed by the College Anti-Bullying Policy.

Role of Parent and student
• Parent/carer is responsible for the provision of accurate, up to date health information about their child. Parent/carer complete and sign a medical information form on enrolment or as part of regular health updates.
• Parent/carer should discuss child’s Diabetes management and treatment with College nurse and relevant staff.
• Parent/carer should educate their child to manage their Diabetes at school and seek help if unwell.
• Parent/carer should ensure their child has ‘hypo’ kit with them at all times.
• Parent/carer to communicate any concerns regarding their child’s Diabetic management.
• Parent/carer should keep their child at home if he/she is not well enough to attend school.

References
Management of Diabetes at School – Department of Diabetes & Endocrinology Princess Margaret Hospital for Children Perth, WA