Prayers for our Community

Dear Parents, Students and Friends of John XXIII College

On Thursday night the 2011 Pilgrims were commissioned to undertake their journeys to East Timor, Amoonguna Community (Alice Springs), Vietnam and India. The Commissioning Mass is such a special moment as the students are ‘commissioned’ on behalf of our whole College community to take our respect, care and support to communities far away from our own. The very practical and generous support of the College Community was witnessed last Friday evening at the Quiz Night which raised over $10,000. It was a fantastic night in which people gave generously and in such good spirit to support each of the host communities. Congratulations to Mrs Silvana Vicoli, Mr Ric Del Pizzo and the entire Pilgrimage Team for their hard work in getting tables and prizes organised. A special mention and thanks to our compere for the night, Mr Glen Mitchell and to Hall Jackson from Keepad Interactive for the very generous donation of the technology required to run a paperless quiz night.

Congratulations also to Adam Gabriels and Luke Moloney who were responsible for organising the Pilgrimage Concert. The combined efforts raised $1100 for the Pilgrimage. Aidan and Luke were supported by some talented and very eager John XXIII College teachers, parents and musicians.

This was a very poignant example of students getting involved for a worthwhile cause. It allowed students to experience firsthand the richness of giving by dedicating time and effort to an event.

Please pray for our Pilgrims for their safe travel and growth through their spiritual quest.

VIETNAM: Armand Tedjamulja, Joseph Kinder, Sean Hogan, Fraser Patmore, Tim Jones, Eliza Atkins, Georgia Meredith, Mahalia McEvoy, Hannah Crute, Annabel Beech, Rod Downie, Anna Gingell

EAST TIMOR: Michael Biddulph, Matthew Salt, Isaac Weber, Billy Bargmann, Ned D’Souza, Alex Hyde, Georgia Johnson, Cambelle Pawle, Abbey O’Connell, Olivia Perkins, Caroline Watson, Jim Pearson, Anne Fry

ALICE SPRINGS: Ben Di Marco, Alex Hogan, Nicholas Murphy, Simon Stobie, Sophie Wulff, Jaimee Horgan, Carys Munks, Tahlia Norrish, Luisa Peart, Emily Driscoll, Tristan Gorey, Scott Connery, Mindy Toleman, Jacqui Johnson

INDIA: Harry D’Souza, Adrian Pearce, Jessica Slabbert, Gabrielle Nind, Genevieve Longman, Frances Danckert, Tara O’Connor, Olivia Thwaites, Annabella Snell, Katie Reynolds, Breanna Thomas, Elise Gollow, Selvi Adaikalam, John Joosten, Michelle Myers

On Sunday afternoon the Year 4 students will receive their First Holy Communion at St Joseph's Subiaco. The children have been very carefully prepared by their classroom teachers, Mrs Young and Miss Beros, Mrs Vicoli, Fr Gaetan and their parents. We extend our congratulations and blessings upon each of the children as they come to the Eucharistic Table for the first time. I am sure each of us can remember this special day in our lives. It is a far reaching memory for me, but I can remember the day clearly and just how special my family made the day. I am sure for each Year 4 family this Sunday will be a special day of pride and celebration. Our prayer for each of you is one of love. May the peace and joy of God's love be with you all of your life.


Together let us seek justice.

Yours sincerely

(Mrs) Anne Fry—Principal
Dear Parents

We had a great day at school today. Our Years 3-6 Interhouse Athletics Carnival was a huge success. Well done to all the students who participated so enthusiastically and with impressive sportsmanship. Thank you to the staff who assisted in so many ways, both before and during the Carnival. Thank you to the parents who volunteered their time to assist and also for coming along to support this event. Finally, a big thank you to Mr John Alderman who did his usual outstanding job with the coordination on the day.

Congratulations to Koolyangarra House who were the overall winners on the day. We now look forward to the announcement of the team for the Interschool Athletics Carnival, which takes place on Tuesday 27th September at All Saints College.

It was fantastic to see so many parents at the Year One Mass and morning tea this morning. The Mass based on the theme of ‘Friendship’ was a wonderful community celebration. The Year One students read beautifully and all the junior primary children added to the celebration with their lovely singing voices. Well done to Miss Monastra, Mrs Chiappini and Mrs Scott for your preparation and organisation behind the scenes.

Please keep the Year Four children and their families in your prayers this weekend, as they make their First Holy Communion at the Sunday morning Mass at St Joseph's, Subiaco. Special thanks to Mrs Catherine Young and Miss Genna Beros for the way they prepared the children for this important Sacrament and also to Mrs Silvana Vicoli for the time and effort she put into planning this special day.

Kind regards

Antoinette De Pinto
Head of Primary

IMPORTANT REMINDER
Due to the air-conditioning project our Year 5 & 6 classes will be moving into ‘A’ block in the Secondary School from next Monday. Furniture and equipment will be moved over the weekend to minimise disruption to our normal class programs.
Chaplain’s Comments

Friends the preaching of Jesus attracted all sorts of people who lived at the fringes of or were oppressed by Palestinian society. Jesus’ message was especially attractive to them. Tensions among the huge variety of Jesus’ disciples, between the rich and the poor, men and women, the Jews and Gentiles, the socially respectable and those with outrageous backgrounds, continued after his death throughout the next decades, during which the Gospels were written.

It is hard for us to imagine what a diverse and scandalous group in many respects the first fathers and mothers of our faith were seen to be. Imagine, if you will, the fuss that would still be created if our local bishop was seen constantly dining with women in prostitution, drug dealers, or known terrorists. People would be outraged, but the bishop would be doing nothing short of following Jesus’ example. This situation gives us a little insight into how affronted the Chief Priests and Pharisees were by Jesus and in turn, by his disciples’ behaviour. For Jesus there was never a lost case, or a person beyond help. He didn’t just spend time with the poor and broken of his society, but offered them a new way of life; an opportunity to start again and redemption from their destructive behaviour. He went to where they were, as they were. And we do the same because this is precisely what God has done for us. God didn’t wait for us to talk the talk before we walk. Jesus came to us when we were religiously dumb and immobile and showed us how to speak, what to say, and where to walk.

The Christian walk and talk is meant to have profound impact on our daily lives, our concerns, our priorities and compassion. So much so that if, over a period of time, what we celebrate here each Sunday makes no inroads in our family life and workplace or professional life, our business practices and our relationships then we should ask ourselves: What are doing here? And what’s worse we could even miss the ongoing relation Christ’s presence has in the poor, weak, and vulnerable in our own society. We constantly look for Christ in the spectacular and the wonderful and he comes to us in the least of our brothers and sisters.

May we gain the strength not only to look good but to be good to start over if we need to and do our best to live out the faith we profess. May we be strong enough to find the Lord where he is and not keep looking in the places where we would prefer him to be.

This weekend, our Year 4’s will receive and celebrate a way of life for the first time, the Eucharist, thus sharing intimacy in the Christian community and be a witness to live out the promises contained in it. This living out entails the whole human being. It is this living out of the sometimes boring, exasperating, betraying, mundane existence that is a gift from God. The great German theologian Karl Rahner expressed this well:

“Come, Lord enter my heart, you who are crucified, who have died, who love, who are faithful, truthful, patient and humble, you who have taken upon yourself a slow and toilsome life in a single corner of the world, denied by those who are your own, too little loved by your friends, betrayed by them, subject to the law, made the plaything of politics right from the very first, a refugee child, a carpenter’s son, a creature who found only barrenness and futility as a result of his labours, a man who loved and who found no love in response, you who were too exalted for those about you to understand, you who were left desolate, who were brought to the point of feeling yourself forsaken by God, you who sacrificed all, who confess yourself into the hands of your Father, you who cry:‖ My God, my Father, why have you forsaken me?, I will receive you as you are, make you my innermost law of my life, take you as at once the burden and the strength of my life. When I receive you I accept my everyday just as it is. I do not need to have any lofty feelings in my heart to recount to you. I can lay my every day before you just as it is, for I receive it from you yourself, the everyday and its inward light, the everyday and its meaning, the every day and the power to endure it, the familiarity of it which become the hiddeness of your eternal life‖.

Fr Gaetan Pereira - College Chaplain

Valete Information for Year 12 Parents & Students

2011 Valete is on Wednesday 26 October

Please note you need to purchase a ticket for your Year 12 son or daughter. For example, if the student plus 2 parents are attending, you must purchase 3 tickets.

Please purchase your tickets by 30th September on Trybooking http://www.trybooking.com/14330
Health Information

TEENAGERS AND SLEEP

Sleep research suggests that a teenager needs between nine and 10 hours of sleep every night. Yet most adolescents only get about seven or eight hours. Some get less.

Regularly not getting enough sleep leads to chronic sleep deprivation. This can have dramatic effects on a teenager's life, including reduced academic performance at school.

Causes of sleep deprivation

Hormonal time shift – puberty hormones shift the teenager's body clock forward by about one or two hours, making them sleepier one to two hours later. Yet, while the teenager falls asleep later, early school starts don't allow them to sleep in. This nightly 'sleep debt' leads to chronic sleep deprivation.

Hectic after-school schedule – homework, sport, part-time work and social commitments can cut into a teenager's sleeping time.

Leisure activities – the lure of stimulating entertainment such as television, the internet and computer gaming can keep a teenager out of bed.

Light exposure – light cues the brain to stay awake. In the evening, lights from television, mobile phones and computers can prevent adequate production of melatonin, the brain chemical (neurotransmitter) responsible for sleep.

Vicious circle – insufficient sleep causes a teenager's brain to become more active. An over-aroused brain is less able to fall asleep.

Social attitude – in Western culture, keeping active is valued more than sleep.

Sleep disorders – sleep disorders, such as restless legs syndrome or sleep apnoea, can affect how much sleep a teenager gets.

Some effects of sleep deprivation: concentration difficulties, mentally 'drifting off ' in class, shortened attention span, lack of enthusiasm, moodiness and aggression, depression, slower physical reflexes, reduced sporting performance, reduced academic performance, increased number of 'sick days' from school because of tiredness.

Preventing sleep deprivation

Some suggestions include:

Choose a relaxing bedtime routine; for example, have a bath and a hot milky drink before bed.

Avoid using mobile phone, computer, loud music, homework, or any other activity that gets your mind racing for about an hour before bedtime.

Keep your room dark at night. The brain's sleep-wake cycle is largely set by light received through the eyes. In the morning, expose your eyes to lots of light to help wake up your brain.

Avoid having any food or drink that contains caffeine after dinner time. This includes coffee, tea, cola drinks and chocolate.

Avoid recreational drugs (including alcohol, tobacco and cannabis) as they can cause you to have broken and poor quality sleep.

Do the same bedtime routine every night for at least four weeks to make your brain associate this routine with going to sleep.

Avoid staying up late on the weekends. Late nights will undo your hard work.

Remember that even 30 minutes of extra sleep each night on a regular basis makes a big difference.

See your doctor if self-help techniques don't increase your nightly sleep quota.

Thankyou

Jenny Hill (College nurse)

Reference: www.betterhealth.vic.gov.au
Parents of Year 12 Students

Dear Parents

On Tuesday the Year 12 students had an assembly where they were issued with vital information on last few weeks of Year 12.

The students were issued with the Trial WACE Examination Slip and the actual WACE Personalised Examination Timetable. It is important students do not get the two confused. Both documents are required for the different sets of examinations. Our advice is the WACE Personalised Examination Timetable is checked, signed and put in a safe place for the WACE Examinations. Errors need to be discussed with me URGENTLY. I cannot make any changes beyond Thursday September 22.

The students were also given a copy of Surviving the Selection Process. This booklet is published by the Catholic Education Office and provides invaluable advice on TAFE and University Entrance. The students have been advised to keep this in a safe place at least into March 2012.

A table outlining the events of the first week of term four (effectively the last teaching week for the year 12s) was issued and discussed. I have included the table with this email for your reference. This document is complemented by the letter sent by our Principal Mrs Fry, dated Tuesday 30th August, 2011.

We have also been informed that the students can now access the Curriculum Council’s database (SIRS) to check their personal details, enrolments and WACE written examination timetables online. A flyer advertising how to access this information is attached. Year 12 students and parents are encouraged to check these details and alert the College to any errors.

The College aim is for Year 12 students to leave John XXIII College in a befitting manner. This information is intended to provide a clear direction for students ensuring that they know what is expected of them and their learning and preparation for the last weeks of year 12 are safe, productive and memorable.

I wish you and especially your Year 12 student all the best for the coming weeks.

Robert Novacsek
Deputy Principal, Studies

Parents of Year 11 Students

This is a note of clarification for the Year 11 students sitting Mathematics Examinations during the week starting Monday 26th October.

We expect the students to be at school attending normal classes when not sitting Examinations.

An email with the timetable has been sent to all Year 11 Parents.
New Translation of the Missal

Invitation to Communion

Source: http://www.catholic.org.au/

Following the Lamb of God (Agnum Dei) we are invited to Communion by the priest and we respond with him, 

*Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.*

Once again, these words we pray are taken from Sacred Scripture where, in the Gospels of Matthew (8:8) and Luke (7:6-7), the Roman Centurion asked Jesus to cure his servant. The Centurion (who was a ‘Gentile’, not a Jew) did not expect Jesus to come to his house (under his roof). The message he sent to Jesus asked him simply to *speak the word* and his servant would be healed. Jesus marvelled at the Centurion’s faith and healed his servant.

In the spirit of the Centurion, we declare our unworthiness, but we follow it with our profession of faith in the healing power of Jesus, present in this sacrament.

For further information, please see the online classroom resource, Together at One Altar. Click on the link, then go to Communion then Fraction Rite.


Community Celebration

To end Term 3 there will be a slight change at the Community Mass on Friday 30th September. Our lovely Gospel Choir will be taking a break and Primary Singers will lead us in singing the music from First Communion. As usual all are welcome to our Community Mass in the Chapel which starts at 8:00 and finishes at 8:30. For this Mass we particularly welcome Year 4 First Communicants, and Year 5 & 6 Singers.

Uniform Shop

The shop will be open on one day only during the school holidays.

Wednesday October 12th from 8am to 12.

Normal trading resumes on Monday October 17th.

Bev Sainsbury
Uniformshop Coordinator

Year 8-9 Drama Production - Hitler’s Daughter

Don’t forget to get in early and get your tickets for the Yr 8-9 play *Hitler’s Daughter*. The performance will run for two nights from the 20-21st October in Roncali Hall. Tickets are $10.00 and are available online through [http://www.trybooking.com/14022](http://www.trybooking.com/14022)
Science News

Wednesday 14th of September saw the Year 10-12 Integrated Science students visit Sunnydale Dairy Factory Outlet in Nedlands as part of their Unit of Study “Microbes, Food and Drink”. The students had been attempting to make yoghurt (with varying degrees of success) in the classroom and Mr Ron Rutherford from Sunnydale Dairy explained how to produce great tasting yoghurt on a commercial scale.

The students were privileged to be able to go on a behind-the-scenes tour of the factory, followed by a tasting of a number of the flavoured yoghurts. Mr Rutherford described not only the yoghurt making process, but also about his other milk products (milk that is pasteurized but not homogenized, using milk exclusively from Jersey cows, and using glass bottles which are recyclable and thus better for the environment).

One of the highlights of the visit for the students (as well as for the accompanying teachers) was the sampling of the soft-serve ice-cream!

Uniform, Grooming and Personal Presentation
Secondary Girls

Girls are requested to purchase the correct sized uniform items from the Uniform Shop. Overly tight skirts and shirts and short skirts will not be permitted at school.

Nail polish and makeup are not part of the College Uniform.

Parental support in these matters is appreciated to avoid students being sent home to rectify the problem.

Jenneth Stibi
Deputy Principal Pastoral Welfare, Secondary

Carparking and Traffic

Despite providing the additional parking for Kindy and Pre-Primary parents off Heritage Lane whilst the building works are on, the College has noticed increased congestion in the main Admin car park. Parents and staff are reminded that this drive-through is for Primary 1-3 pick-up in the afternoon. Please refrain from double parking so that the two lanes can operate.

Parents are also reminded to observe the parking signs at all times with particular attention to the Visitor Bays, the Uniform Shop restrictions and the drop-off and pick-up bays in the main carpark.
Magis

Creative Writing Incursion Years 8 & 9

On Saturday morning I was given a 3 hour briefing on the new Rio Tinto Naturescape in Kings Park. This is a unique learning landscape affording an immersion experience connecting students to nature. It is six hectares of carefully landscaped bushland including wetlands, waterways and billabongs. In November students participating in a Creative Writing Incursion will spend a morning on-site. They will be encouraged to use their imaginations to explore the site, use the space for storytelling and to creatively engage with nature.

Philosothon

Students from years 8 to 11 have been preparing for the Hale School Philosothon in October. Joseph Beech, Tatum Stafford, William Paparo and Daniel Hunt will represent the College in the 'Community of Inquiry'. They are looking at profound questions such as:

What is the good life? How can we know?
Do men and women have different natures?
Do you have free will?
Does the universe have a purpose?

Questions such as these have teased philosophers since the fourth century BC and earlier. Our students meet at least once a week to ponder these and other complex questions. Any student is welcome to join us in these discussions at lunch time.

Photography Competition

All entries for the Magis Photography Competition are on display in the Library. On Friday morning the works will be judged by Associate Professor Jon Tarry from UWA. Professor Tarry is an academic and international artist. Winners will be announced next week.

John XXIII Philosophy Essay Competition

Nearly 100 entries were submitted for the competition this year. It is obviously taking some time to read through all the entries, all of which are of a very high standard. The winner of the competition will be announced at the Hale School Philosothon next term.

Dr Annette Pedersen—Magis Coordinator
Loyola Extra Virgin Olive Oil
On sale for Charity

Thanks to the hard work of Eleanor de Kock and her great group of volunteers, Loyola House has once again EVOO for sale this term. The oil is produced without any chemical additives and is cold-pressed. All money raised from the sale of this oil goes to support the Loyola School in Goa, India. The school educates street children who live in extreme poverty. Our money helps provide food and resources for the children.

750 ml bottles are $18 each and 175ml bottles $4

The bottles are available from student reception at the College or at the front office. Our supply is limited to 50 bottles so you need to be quick.

Coles 2011 Sports for Schools

In the last two weeks the College has made great strides. Last week we collected 4,273 vouchers and this week a record 6,372 vouchers to take out total past our goal of 20,000. Our total now stands at 22,918. Keep sending the vouchers in for the rest of the term.

Vouchers can be dropped off at Admin, student reception, 6 Blue or any primary classroom.

Thank you

Simon Casey - Year 6 Teacher

Congratulations to Rebecca Thornton (Year 6) and Ruby Worner (Year 5) who competed in the Woman’s National Level 5 State gymnastics championships on the weekend.

Rebecca received the Bronze Medal (3rd overall), a 4th place on Vault, Bars and Beam and Ruby received the Gold medal on Floor and finished 6th overall. Their team received a Silver Medal for the championship. Well done girls.

Canteen Roster for Week 10 - Year 5 Parents

<table>
<thead>
<tr>
<th>Monday 26 September</th>
<th>Tuesday 27 September</th>
<th>Wednesday 28 September</th>
<th>Thursday 29 September</th>
<th>Friday 30 September</th>
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<tbody>
<tr>
<td>Inky Egan</td>
<td>Volunteer Needed</td>
<td>Rebecca Purdy</td>
<td>Angela Allerdig</td>
<td>Katherine Salt</td>
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<td>Lucette Quinlan</td>
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Reminder: Students and Parents can place orders for the Canteen Online:

www.ouronlinecanteen.com.au
John XXIII College Senior Netball News

The 2010 netball season has now finished. Congratulations to all the players on a fantastic season and thank you to the coaches, managers and umpires for all the time and effort they have put in during the year. Thank you also to the Committee Members for all their involvement in making the 2011 Netball season a success.

On Grand Final Day, the College had 3 teams representing John XXIII College. Congratulations to all the teams for making it to the Grand Final! Everyone is proud of your performance on the court and we are especially pleased with the way the John XXIII College girls have displayed great sportsmanship.

In a fast paced and physical encounter JTC Sapphire (Year 10) defeated Perth College 30 -21 in Division 5. There was only one goal margin at half time, but the girls managed to pull away in the second half and came home with the win!

Tiger Eye (Year 9) Division 11 won 49 -30 against Mosman Park. The girls have had a fantastic year, they have been undefeated all season. They proved too strong for Mosman Park. Congratulations girls!

Amethyst (Year 9) were very unlucky not to win on Saturday. They were leading for most of the game and were finally defeated 20 -17 by Newman. Bad luck girls. Hopefully next season you can go one better!

Thank you to all the supporters who came down to cheer the girls on. It was fantastic to see so much support! Hope you all enjoy your break from netball and we look forward to seeing you all in 2012.

If anyone is interested in coaching or umpiring for the 2012 season, please notify.

alishaandcorey@gmail.com  Alisha Allen - Assistant Netball Coordinator

ALUMNI

Congratulations
John Gummer (Class 1973) who has just completed a journey riding for “someone who can’t”. He emailed the Alumni office with this message:

“The ride went very well – and the fund-raising extremely well. We are currently sitting on just over $82,000 in sponsorship. (The total is updated here - http://www.everydayhero.com.au/event/ RIDEFORSOMEONEWHOCAINT2011) I would expect this to go up another two to three thousand before the end of the week.” Well done John a great effort.

Another of our Alumni has just completed an amazing feat. Paul Downie (Class 1977) has managed to swim the English Channel in an amazing time. Click here to check out his story http://www.channeldare.com/ or log on to the Alumni web page www.johnxxiii.edu.au. Paul said “it was a walk in park” but I’m not sure that’s the case; perhaps more like a 12 hour journey battling currents, the cold and mind games but an incredible achievement and one he did to raise funds for breast cancer care.

Luke Quinlivan (Class 2002) is preparing for the Olympics training as a goalkeeper for the Australian Water-polo team. He is also an advocate of Epilepsy Australia and believes with medication and keeping fit he will be heading to the Olympics next year. Good luck Luke.

2011 ACC ‘A’ Division Athletics Carnival

On Wednesday 21st September John XXIII competed in the ACC ‘A’ Division Athletics Carnival held at the State Athletics Centre. The College was represented with distinction by over 150 students from Year 7 to 12. In extremely difficult weather conditions the performance and commitment of the students was fantastic. With so many students competing it is difficult to single out individual performances, however I would like to acknowledge 2 students. Chris Capretta (Year 7) and Hannah Cadlolo (Year 9) who were the champion athletes of their respective divisions. The junior girls also did a marvellous job to finish tied with Mercedes for the shield in their division. Finally I’d like to thank the students, PE staff, coaches and parents who have helped with training which resulted in such a successful season. In particular David Court, Tim Lyons, John Paxton and past students Daniel Davis and Olivia Lyons.

A breakdown of scores and individual results for the day can be accessed through the following link; http://www.accsport.asn.au/sites/default/sportstrak/athletics/athsa/page1.htm

David Maxwell - Sports Co-ordinator
Fashion, Design and Art
Good luck to Lake Bovell (Class 1998) who launches the Outskirts Northbridge Festival supported by Perth Fashion Festival, City of Perth, Government of Western Australia Department of Culture and the Arts, EPRA, PICA and the State Theatre Centre commencing 21 September - 27 September. Lake is a fashion designer/businesswoman (Red Stripe Clothing) and is the Festival Co Producer. The program is outstanding and encompasses design, fashion and art. Leap in the car this weekend and head to Northbridge to share in the excitement.

Dining in Style at the Circle of Friends Cafe
This week I was privileged to be invited to attend the Vocational Education dinner, which was hosted by the Voc Ed Class. As a final year assessment the students designed an invitation and a menu. They ordered and cooked a four course meal, prepared the Circle of Friends Cafe and served the dinner to parents, grandparents and teachers; Rod Downie, Rob Deurloo, Mindy Toleman, Sarah Hammond and Scott Connery. The students did an outstanding job, worked really well as a team and served restaurant quality food. It was a great testament to the teachers in particular, Rod Downie (who was congratulated and applauded by all) but also a way to showcase talent and processes learned over the past year.

28th Conference of Loreto Federation of Australia 2012
Please don’t forget to mark 4, 5 & 6 May 2012 in your diary to attend the 28th Conference of Loreto Federation Australia 2012. The steering committee Chair Mary Nicholls is finalising the program. It includes international speakers, a panel and will provide plenty of opportunity for dialogue and reflection. This week the committee were fortunate to engage a new committee member, Devon Harding nee Arundell (Class 1980), a current parent and an Alumni member. It is hoped that young people will be actively engaged in the conference and all Alumni from St Louis, Loreto and John XXIII College are encouraged to attend. More information coming your way soon.

Congratulations Netball girls – the A Team won the grand final
Melanie Dunn (Class 2008) and Jo Dunn (Class 2004), Jessica Stokes (Class 2004) and Brie Williams (Class 2004) joined their friends in a battle to win the Matthews Centre Netball grand final in Open Division 12. Melanie said “it was a very evenly matched game and we just managed to break a few of their centres, which secured the game”. Mel also said, “against the odds and with little training and no coach, we were able to walk away with individual medals and a flag”. The score for the A Team was 28 vs UWA 22.

Funeral Notice
For Alumni who remember Fiona Rishworth (Class 1999) a funeral mass will be held at the Redemptorist Monastery, Vincent St North Perth at 1.30pm on Monday 26 Sept 2011.

Vigil prayers and rosary will be recited in the Prosser Scott Chapel 351 Hay St Subiaco at 6pm Sunday 25 September 2011.
Community Announcements

Schoenstatt Sisters of Mercy Fete

You are all invited to come to the Fete at the Schoenstatt Shrine
Sunday 16th October 2011 from 10am till 2pm.
Take the opportunity to visit Our Lady during the Month of the Rosary and have a lot of fun doing so.
Call us if you’d like to know how your money can be worthily and profitably spent at the fete on 9399 2349
Hoping to see you all at 9 Talus Drive, Armadale

Ecumenical Service
Anti Poverty Week 2011

Forgotten Families
of victims and offenders affected by crime

Please join us at
St Mary’s Cathedral
Victoria Square, Perth

Tuesday 18 October 2011 at 1.00 pm
Followed by refreshments in the under-croft area

Keynote Address: Rev Monsignor Michael Heath
Dean St Mary’s Cathedral

Sponsored by
The Catholic Social Justice Council, Archdiocese of Perth
Anglican Social Responsibilities Commission, Diocese of Perth
Uniting Church in Western Australia, Social Justice Board
Council of Churches of Western Australia
Religious Society of Friends (The Quakers)

RSVP: Friday 30 September 2011
Telephone: 9422 7900
Email: reception@highgate-perthcatholic.org.au
Do you know someone who has contributed to our community and is a worthy nominee for a Local Government Australia Day Award? Nominate them now!

The City of Nedlands invites nominations for:

- Citizen of the Year (25 years and older)
- Young Citizen of the Year (under 25 years)
- A Community Group or Event of the Year

The aim of the awards is to recognise outstanding contributions to the City of Nedlands. The awards are provided by the National Australia Day Council and administered by Local Government Authorities throughout Australia on behalf of the Council.

For more information or to pick up a nomination form, visit the City’s website, Administration Centre, libraries or one of our other community centres.

Nominations close 4pm Friday 25 November 2011 and should be forwarded to the Chief Executive Officer, City of Nedlands, PO Box 9 Nedlands, WA 6909.
KIDS BEACH VOLLEYBALL TRAINING
LEARN MORE THAN A SPORT

At PBVS, kids can learn more than how to play beach volleyball; they can develop self-confidence, teamwork and begin enjoying a healthy lifestyle on Perth's unmatchable beaches.

Children will be taught by qualified teachers and nationally accredited beach volleyball coaches. Our classes structured to make sure everyone receives the full attention of our staff. Every child can become their best in our supportive and safe environment.

TERM 4 CLASS ENROLLMENT BEGINS SOON.

COME AND TRY DAY
Play for free on Sunday 16th October, Cottesloe Beach

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<tr>
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<th>TIME</th>
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<tbody>
<tr>
<td>Years 1-3</td>
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<tr>
<td>Years 4-5</td>
<td>9:35-10:15am</td>
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<td>Years 6-7</td>
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TERM 4 CLASSES
Classes run for 8 weeks and are held at Cottesloe Beach on Tuesday and Wednesday afternoons.

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<tr>
<th>AGE GROUP</th>
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For more information about our Kids Training Program and Perth Beach Volleyball School, visit pbvs.com.au or email kids@pbvs.com.au
Children needed to help research the health benefits of video games

Participants between the ages of 10-15 years old are needed to come to the gaming laboratory at UWA and play a variety of interactive video games while wearing a heart rate monitor. The School of Sport Science, Exercise and Health at UWA are conducting the HiGr8 Gaming Project funded by Healthway. The project aims to develop a health rating scale for movement based video games. The one hour sessions will be held over five consecutive weeks at UWA, after school. Food is provided, participants are encouraged to bring along a friend or sibling to join them.

For further information on session times and to register your child's interest please contact Amanda Derbyshire at amanda.derbyshire@uwa.edu.au

Amanda Derbyshire - Research Associate - School of Sport Science, Exercise and Health

Mary Ward Grant 2012

MARY WARD, 1585-1645, FOUNDED THE INSTITUTE OF THE BLESSED VIRGIN MARY, KNOWN IN AUSTRALIA AS LORETO. CONVINCED THAT WOMEN IN TIME TO COME WILL DO MUCH, SHE BELIEVED PASSIONATELY IN THE EDUCATION OF WOMEN TO THEIR FULL POTENTIAL AND TO THE HIGHEST CONTEMPORARY STANDARDS.

In order to promote the dignity and role of women in church and society, the Mary Ward Grant was established to support specialist or post-graduate study of theology, spirituality and pastoral ministry.

This is a partial grant to assist applicants who have financial need, including those seeking to complete the final year of under-graduate study.

Priority is given to Catholic lay women. Other applicants will be given serious consideration.

Grants will be offered at the discretion of the Grant Committee. Each application will be treated confidentially on an individual basis, and no discussion on the outcome will be entered into.

Applicants are asked to submit the following information:

- Personal Details
- Study Proposal
- Financial Assistance sought ($) and Purpose for which the Grant will be used eg fees, resources, research assistance, living costs, travel
- Personal and/or Professional Benefit of Grant
- Proof of Scholarship eg relevant qualifications and/or results of recent theological or related study
- Names of Three Referees to include one personal and one professional or academic

Please send applications by mail in printed format to:

DR DENISE DESMARCHELIER IBVM
MARY WARD GRANT COMMITTEE
PO BOX 168, PORTLAND VIC 3305

APPLICATIONS CLOSE Wednesday 12th October 2011. Offer of grants will be made in December 2011.

Visit Loreto online: www.loreto.org.au

Our Lady of the Missions College, 77 Tuckfield Street, Fremantle

A history of Our Lady of the Missions College (Fremantle) is currently being undertaken as part of celebrations for the 150th anniversary of the Foundation of the Sisters of Our Lady of the Missions. We are looking for photos and any relevant memorabilia, as well as names and contact details of those who attended Tuckfield Street school. A reunion is planned for the 12th Feb 2012, 2pm to 6pm at Melville Bowling Club. Please contact Christine Binks (Martinovich) 9331.3886 or Veronica Stratton (France) robnron@optusnet.com.au or 9354.5023.
School Holiday Sailing Programs

Nedlands Yacht Club (NYC) – Get Into Small Boat Sailing Courses

Nedlands Yacht Club invites boys and girls from 8 years and up to join us for fun and friendly sailing. School holiday courses run Mon 3rd – Fri 7th and Mon 10th – Fri 14th of October 2011. No experience is necessary.

NYC is a friendly family club located on the Nedlands foreshore, offering school holiday and Sunday dinghy training in a variety of junior and adult fleets.

If you are interested in trying sailing at NYC, please contact Alison or see our website.

Nedlands Yacht Club - The Esplanade, Nedlands
Office Ph: (08) 9386 5496 Email: info@nyc.org.au
www.nyc.org.au/Learn-to-Sail
Filmbites Youth Film School

New skills for a new world

Filmbites has been instructing young people on all aspects of film production since 2004.

Our hands-on classes have students learn skills in the first term, then work together to make a short film in the second term.

Student films are then screened on the big screen for family and friends.

Filmbites classes are simply a great way to learn cool new skills, make more friends and gain essential life skills like teamwork and discipline.

Filmbites is also a casting agency, regularly contacted by directors to cast their films and commercials.

Check out our website or give us a call to find out more!
www.filmbites.com.au

October holiday program

Fremantle

Green Screen VFX
Learn how to create special effects like in the movies!
Wed 5 Oct. $70. Ages: 7-12

Acting for the Screen
A fun and informative introductory workshop.
Tues 11 Oct. $70. Ages: 10+

Audition Skills
Tips and techniques from a professional casting director.
Wed 12 Oct. Ages: 7-12 & 13+

Make-up SFX
“Fake-up Forensics” – bullet holes, wounds, bruises, learn how to create these effects, just like on TV!
Thurs 13 Oct. $70. Ages: 7-12

ENROLMENTS NOW OPEN
Phone or email your name, birth date, contact number and class preference to Filmbites ph: 9408 0362 or info@filmbites.com.au.
Filmbites 24 Parry St. Fremantle
Also Wangara & Lesmurdie. All instructors have a Working with Children Check.